Essence: Sweet children, you have now found the Support to go to the land of peace and the land of

happiness. By remembering the Father you will become pure and karmateet and return to your

land of peace.

Question: Which children receive Baba's love and affection? How will you show (reveal) the Father?

Answer: Children who are faithful, serviceable, very sweet and never cause any sorrow for anyone

continue to receive the Father's love and affection. When you children have a lot of deep *love* for one another, when you don't make any mistakes, when you don't speak words that cause sorrow and when there is always brotherly, spiritual love amongst you, you will then be able to

show the Father.

Song: The heart says thanks to the One who has given it support.

Om shanti. You children have heard the song many times. You children understand how much you have stumbled around in the coming and going. According to the drama-plan, you have been shedding one body and taking another. In the land of happiness, you automatically used to shed your body and take another in happiness. The Father is now explaining to you how to shed your body in happiness. You children understand that you souls have come from the land of peace. I, the soul, am playing a part here. First of all there has to be faith in the soul, that I am imperishable. It has been explained to you children that only the one Father is the One who gives you support. There is a lot of happiness experienced by remembering the Father. These are matters that have to be understood. At first, you all live in the land of peace and then you first go to the land of happiness. The Father is giving you support. Children, your land of peace and land of happiness are almost here. You souls have the faith that you shed one body and take another. You have received an imperishable part in advance. You have to play your part of 84 births. The Father only speaks to you children, because, apart from you children, no one else knows these things. It is only at the most auspicious confluence age that the Father shows you the path in order for you to become the most elevated human beings. You souls should not have any fear. We claim a very high status. You now know about all your births. This is the final birth. You souls understand that you have now found the Support to go to the land of peace and the land of happiness. Therefore, you should go in happiness. However, you have now received the knowledge that the soul is impure. The wings of the soul are broken. Maya breaks your wings and you are therefore unable to return. You definitely have to become pure. You came down from there but now, you cannot return there by yourself. Everyone has to play his own part. You should also understand that you belong to a very high clan. We are now receiving our fortune of the kingdom of the highest dynasty. So, what will we do with this body? You are going to receive a new body there. Talk to yourself in this way. The Father has given you His own introduction and is also explaining to you the secrets of the beginning, the middle and the end of creation: From being satopradhan, the soul goes through the stages of sato, rajo and tamo. You now have to become soul conscious once again. It is the soul that has to become pure. The Father has said: Simply remember Me alone. Do not remember anyone else. If your intellect is pulled to wealth, property, children etc. you won't be able to attain your karmateet stage. Then your status will be reduced and punishment will have to be experienced. We souls are now going to return home. We have to become pure and return home. The Father has come to make us pure, and so why would we not remember the Father in happiness so that our sins are absolved? If you yourself stay in remembrance, the arrow will strike the target when you tell others this. This is called churning the ocean of knowledge. Good churning takes place in the morning because your intellect is good and refreshed. Devotion is also performed at that time. There is the song: Remember Rama early in the morning, o mind. You simply used to sing that on the path of devotion. Now, the Father's directions are: Wake up early in the morning and remember Me. In the golden age they don't remember Rama. All of this drama is predestined. The Father comes and explains to you the secrets of knowledge and devotion. Previously, you didn't know them and this is why you are called those with a stone intellect. You would not say this in the golden age. It is only at this time that you say: May God make your intellect good. The memorial of here continues on the path of devotion. The Father explains to you children with a lot of love: Children, you have forgotten Me, your unlimited Father. I gave you an unlimited inheritance for half the cycle. I made you have unlimited renunciation. I told you that this whole old world was going to turn into a graveyard. Why do you

remember the world that is going to end? You call out to Me: Oh Baba! Liberate us from the impure world and take us to the pure world! There are millions of people in the impure world. There are very few people in the pure world. So, people call out to the Great Death, the Death of all Deaths. You devotees called God to come and give you the fruit of your devotion. You have stumbled a lot. You have had this habit instilled in you for half the cycle. Therefore, it takes time to be liberated from it. This is also fixed in the drama. You children attain your karmateet stage numberwise according to the effort you make, as you did in the previous cycle. Then destruction will take place. Now, there is even no place to live. There isn't enough grain, so what would they eat? In America too, they say that millions of people will starve. There will be these *natural calamities*. Where would food come from if war starts? The war will be very fearsome. They will bring out all the materials they have prepared and *natural calamities* will also help. You have to attain your karmateet stage before then. You have to become beautiful from ugly. You have become ugly by sitting on the pyre of lust. The Father is now making you beautiful. There is just the one place for souls to live in. You come here from there and play your part. You cross the kingdom of Rama and the kingdom of Ravan. The Father has told you that it is now the end of the old world. I come at the end when you children call Me. The old world definitely has to be destroyed. It is remembered: Death to the prey and happiness for the hunter. However, if you don't follow the Father's shrimat, there cannot be that happiness. You children now understand that you have to shed your body and go to the land of immortality. Your name is the Shakti Army, the Shiv Shaktis. Then, you are also Prajapita Brahma Kumars and Kumaris. You are the children of Shiva anyway, and then you also become brothers and sisters. The creation is only created through Prajapita Brahma. Brahma is called the great-great-grandfather. So, the Father sits here and explains to you children. It is the soul that does everything through the body. It is the soul's body that they kill. The soul would say: I killed that soul's body through this body. Children write in their letters: I, the soul, made this mistake through the body. This requires effort. You have to churn the ocean of knowledge over this. It is very easy for males. So many people go for a walk early in the morning. You have to go and sit in solitude and churn the ocean of knowledge. Continue to praise Baba. Baba, it is Your wonder! You don't sing praise of bodily beings. The Bodiless One is God, the Highest on High. He never takes a body of His own. He Himself has told you that He doesn't take an ordinary body. This one didn't know his own births. You didn't know about them either. This one now knows about them through Me and so you have also come to know about them. So, there is also this *practice*. You will receive a lot of happiness by remembering the Father. When you have the faith that you are a soul, you will only see the soul. Then, no question of vice can arise. The Father says: May you be bodiless. So, then, why are there criminal thoughts? You fall when you look at the body. It is the soul that you have to look at. I am a soul and I have played this part. The Father has now said: May you be bodiless. Remember Me and your sins will be cut away, and by staying on the pilgrimage of remembrance, you will accumulate an income. The early morning time is very good. Don't even look at anyone except Baba. However, yes, Lakshmi and Narayan are your aim and objective. Manmanabhav, madhyajibhav! No one knows the meaning of these. You can explain that devotion is for those on the family path. What devotion would those on the path of isolation perform in the forest? At first, even they were satopradhan. Earlier, everything would have been sent to them in the forest. Now that they have become tamopradhan those huts are empty because nothing reaches them. Devotees don't have that faith in them any more. This is why they have become engaged in business. They are millionaires and billionaires. All of this is now going to end. It isn't that buildings etc. will be built with this gold. Everything there will be new. Grains will be new. Everything of the new world will be first-class. The land is now decayed and so they don't even get enough grain. There, all the land and all the ocean belong to you. There, you eat such pure food. Here, they even cook meat. Such things do not exist there. So, you children should give a lot of thanks to Baba. You know the Father and then you also tell others that the Father has said: I enter an ordinary old body. I enter him in his stage of retirement. You have to return home in the stage of retirement. This is the law. The same system continues on the path of devotion too. All of these matters have to be imbibed. Some note them down very well, imbibe them and then relate them to others. You enjoy listening to them a great deal because you have now found the Support. You know that each soul is sitting on the throne of the forehead. It is said of the soul: A

wonderful star shines in the centre of the forehead. They do not say that the Supreme Father, the Supreme Soul, is shining. However, it is the soul that is shining. Souls are brothers and this is why they say: Hindus, Pakistanis and Buddhists are brothers. However, they don't understand the meaning of "brothers". You should have so much *love* amongst yourselves. In the golden age even animals *love* one another. You are brothers and so how much love you should have. However, because of being body conscious, you become very upset with one another. Then you defame one another. At this time, you children have to live like sugar and milk. You make this effort at this time and you then live like milk and sugar for 21 births. If you say any wrong words, you should instantly say, "I am sorry!", because we have Baba's orders to remain very sweet. Those who don't obey orders are said to be disobedient to Baba. You must never cause anyone sorrow. However, Baba knows that in the police service, they sometimes even have to beat someone to make him tell the truth. Those in the *military* also have to fight. Simply consider yourself to be a soul and constantly remember Me alone and your boat will go across. Why should you look at this old world? We have to look at the new world. The new world is now being established through shrimat. There is no question of blessings here. A teacher never gives blessings. A teacher teaches you. To the extent that someone studies and imbibes *manners*, so he receives a status accordingly. It is the same here. You have to look at your own register to see how you are moving along. Some move along very sweetly. They remain happy in every situation. Baba has said: Hold a court amongst yourselves to check that you are not making mistakes. However, those who hold court should understand: I am a soul. I am asking my brother soul whether he has made any mistakes through that body. You haven't given anyone any sorrow, have you? The Father never gives sorrow. The Father makes you into the masters of the land of happiness. The Father is the Remover of Sorrow and the Bestower of Happiness. So you have to give everyone happiness. You must never speak wrong words. Never take the *law* into your own hands. Your duty is simply to *report* it. You have to become very sweet. The sweeter you become, the more you will show (reveal) the Father. Baba is the Ocean of Love. If you explain with love, you will become victorious. The Father says: My beloved children, never give anyone sorrow. There are many who make many types of mistake: To criticize someone, to compete and to be jealous are all sins. Baba says: Those who are good, faithful and serviceable children will definitely be sweet. Baba also gives them love and affection. He would not give this to others. Some then say: Baba is favouring that one because he is an eminent person. They cause themselves a lot of loss in this way. They perform wrong actions and then blame others. Baba receives news that So-and-so doesn't stop smoking. Baba says: Explain to him: With the power of yoga, you can purify the world, so can you not stop smoking? Remember the Father. Baba is the imperishable Surgeon. He will give you such medicine that all your sorrow will be removed. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. Don't be body conscious and upset one another. Remain happy in every situation. Never criticize, be jealous of or compete with anyone. You mustn't give anyone sorrow. Become very sweet amongst yourselves. Live like milk and sugar.
- 2. Wake up early in the morning and remember the Father with love. Talk to yourself and give thanks to Baba whilst churning the ocean of knowledge.

May you be a crowned soul seated on the heart-throne and reveal the *future* through your *features*People ask: What is the *future* ultimately going to be? So, your *features* should reveal the *future*.
Your drishti should give a clear vision of the *future* world. In the *future* you will be deities. The sanskars of a deity means the sanskars of having a crown and being seated on a throne. Anyone who sees you should see you as crowned and seated on the heart-throne. To be crowned means to be constantly light (light of burden and a being of light). To be seated on the heart-throne means constantly having the intoxication of guaranteed victory and constantly in the stage of being carefree. Therefore, give a vision of both these things through your *features*.

Slogan: You now have to go to the land of liberation. Therefore, become free and free others too. ***